

Psychology Making The Tables Turn Politically

Agitation, happiness, disgust, fear, sadness, and surprise every emotion says something about a scenario that we encounter in our life. How we react depends upon psychology.

The decisions we take completely depend on it be it regarding your personal life or political choices.

While talking to a lot of different people about their political decisions I observed that it doesn't only depend on the leader in front of them but a lot many emotions that a human resides inside.

The result of the 2019 decisions for the Prime Minister surprised political intellectuals and the common people of India. How it happened again after 2014? For what reason didn't we see it coming again?

At the point when amazements like these happen, individuals work as Psychologists, unexpectedly looking for random clarifications. And those random clarifications permit us to see how past situations developed, give us a feeling of control in restraining the present, and educate what we do later on.

All this gives birth to different opinions, ideas, and possibilities. the decisions that the voters took maybe the part of racism, sexism, casteism, and favoritism. Yes, all this still happens and none of you will disagree with me because we all are aware of the harsh reality of society. The days are gone when people use to follow their brains and thought about the duty they have towards their nation. what matters nowadays to people is the person not his ideals but his religion, caste, gender.

This leaves me overwhelming, I personally don't stand FOR or AGAINST any particular party but the political system is losing its aura and essence.

I still remember how my grandparents and parents use to discuss the political parties and their ideologies and what changes and improvements were made by them. But at present, a healthy discussion is next to impossible.

Discussions can make and break someone's decisions. this brings us to conversations and speeches, speech word by default brings Mr. Narendra Modi in my mind. No doubt he is an exceptionally great orator. By putting light on his name I want you to

notice how beautifully he played with the mind of people. He knows how psychology works and must be an expert in the field.

Being a psychologist I know how major role the mind and heart of people play in making choices. It can make tables turn, all you have to do is put your magic upon the individual or group in front of you.

Mental health is completely affected by the choices that we make and what we let others make for us. I have also noticed that the same people who get adamant about a specific party or leader later on even cuss them for not fulfilling the promises. In all this people get mentally affected and this is exactly the point where our profession took birth as psychologists.

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